



To Start

Soup Of The Day

Served with Anne Mac's Famous Soda Bread (1)

Creamy Atlantic Seafood Chowder (1,2,3,6,13)

Of Mussels, Smoked Haddock, Shrimp, Cod And Salmon

St Tola Goat's Cheese And Potato Roulade

On A Bed Of Red Pepper And Ginger Chutney With A Fresh Rocket Salad

Mushrooms In Guinness Batter

Served With Sweet Dill Mayonnaise

Vegetarian Main Options

Strand Veggie Special (1,6)

Gratin Of Roasted Mixed Peppers, Red Onion, Mushrooms, Basil, Spinach And Topped With California Monterey Jack Cheese, Herb Crumb And Baked In The Oven. Accompanied With A Light Fresh Seasonal Salad

Roasted Vegetable Frittata

Served With Johnny's Own Summer Relish And A Fresh Rocket Salad (5,6)

From The Land

Pan Fried Breaded Irish Breast Of Parmesan Chicken (1,5,6)

Breast Of Organic Chicken Breaded With Parmesan Crumbs, Golden Fried And Served With A Creamy Lemon And Ginger Sauce served with Gratinated Potatoes and Seasonal Vegetables or Hand Cut Fries and Salad

Jack Kelly's 10oz Irish Sirloin Steak (1,6)

Cooked To Your Liking And Served With Garlic Fried Mushrooms, sautéed Onions And Our Own Home Made Creamy Whiskey Pepper Corn Sauce Or The Old Favourite Garlic Butter With Hand Cut Fries

(€5 supplement applies)

All Our Beef And Pork Is Supplied By "Jack Kelly Master Butchers" Kilrush Co. Clare

From The Sea

Strand Cajun Salmon

Slices of Donegal Silver Side Salmon Marinated in Cajun Spices, Flash Fried and Served With A Cool Citrus Lime Sour Cream Dip (2,6)

The Strand's Famous "Fish N Chips" (1,2,5,10)

Beer Battered Catch Of The Day, Mushy Peas, Tartar Sauce, And Hand Cut Chips

Oven Baked Fillet of Fresh Atlantic Hake

Topped With an Orange and Basil Herb Crust



Linguine Al Pesto Rosso With Garlic Sautéed Atlantic Prawns (1,4)

This Pasta Dish Is A Fantastic Combination Of Italian Flavours With Freshly Cooked Linguine Accompanied With A Blend Of Blitzed Basil, Sundried Tomatoes, Pine Kernels and Extra Virgin Olive Oil With Some Gentle Seasoning And An Addition Of Succulent Garlic Prawns.

(Can Be Served Without Prawns)

Our fish is supplied by Sea Lyons Seafood Carrigaholt & Star Seafoods

Choice of Homemade Desserts

€70 per Couple

Includes Welcome Glass of Prosecco