

## Day Time Starters

Soup Of The Day, Nanny Ann's Soda Bread €4.00

Atlantic Seafood Chowder Of Mussels, Clams, Shrimp,  
Cod And Salmon €4.50

Chicken Liver Pate, Melba Toast, Johnny's Chilli Jam  
€5.95

Salad Of Smoked Salmon, Capers, Onions, Crème Fraiche  
€6.50

Shrimp Caesar Salad, Shaved Parmesan  
€8.95

St Tola Goat's Cheese And Potato Roulade, Red Pepper And  
Ginger Chutney

€6.95

### Or Just a Light Lunch

The Strand's Famous Fish N Chips, Beer Battered Catch Of  
The Day, Mushy Peas, Tartar Sauce, And Hand Cut Chips

€13.50

10oz Gourmet Burger, Cheddar Cheese, Smoked Bacon,  
Onion Rings, Beef Tomato, Hand Cut Chips And Johnny's  
Tomato Relish €13.95

Open Sandwich Of Grilled Pepper Jack Cheddar Cheese,  
Flash Fried Beef Tips, Caramelised Onions And Rocket

€7.50

Carrigaholt Crab Meat Open Sandwich With Fresh Ginger  
and Prawn, Pickled Cucumber And Marie Rose Sauce €8.95

Open Sandwich Of Turkey, Smoked Paprika Mayonnaise,  
Roasted Bell Peppers

€7.95

Linguini Pasta Of Tiger Prawns, Chorizo And Peas,  
Parmesan Cream

€11.50

Open Sandwich Of Grilled Cheddar Cheese, Beef Tomato,  
Fennel Slaw, Curries Mayo, Rocket Salad

€6.95

*Strand Home Made Desserts*

*Warm Ginger And Banana Bread, Earl Grey Tea Syrup  
Vanilla Ice Cream*

*Iced Nougat Parfait, Raspberry Sorbet*

*Cheese Cake "Modern"*

*Daily Special Cheese Cake*

*Chocolate And Hazelnut Brownie With A Home Made  
Luscious Chocolate Sauce*

*Chocolate Cola Cake With Home Made Chocolate Sauce*

*€4.50*

*Tea*

*2.20*

*Minerals €2.30*

*¼ Bottles Of Wine €4.60*

*Clare Spring Sparkling/Still Water €2.30*

*Homemade White or Brown Scones With strawberry  
Jam And Cream*

*€2.50*

*Ask About Our Full Coffees And  
Speciality Teas Menu*