



Winter/Spring 2012

Loophead Peninsula Tide, Table &  
Walking Adventure Weekends

Join us at "The Strand" for a weekend of Guided Walking,  
Ocean Kayaking, Hands on "Fish 'n Other Stuff" Cookery  
Courses and Some Fantastic Thalassa Therapy  
Treatments.....

*Walk the Wild West Coast Of The Loophead Peninsula with Bill  
Ryan.....*

*Learn to Sail Or Kayak The Atlantic Ocean With Dave Nevil and The  
"Nevsail" Crew [www.nevsailwatersports.ie](http://www.nevsailwatersports.ie)*

*Learn To Cook Fish 'n Other Great Stuff And Bake Bread Like The  
Professionals.....At "The Strand" (morning classes)*

*And Then Relax And Treat Yourself In The "Kilkee Thalasso Therapy  
Centre".....*

*You tell us what you would like to do and we will do  
the rest!!*

Contact Us For The Details

[info@thestrandkilkee.com](mailto:info@thestrandkilkee.com)



## Details/Pricing

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*Loophead Peninsula Tide, Table &  
Walking Adventure Weekends*

*On These Weekends **You** Can Decide What **You** Would  
Like to Do !!*

*Along With Two Nights B&B You Can Choose 2 Of The Following  
Activities :*

*(1) A Morning Of Learning to Cook Dishes Like The Pros To Really Impress Your  
Friends And Then (2) An Afternoon of  
Sailing Or Kayaking The Wild Atlantic Ocean*

*OR*

*(3) Take a Guided Walk Through The Magnificent Loophead Peninsula.*

*And Then As An Added Treat Before You Head Home We Have Organised A  
Wonderful Thalasso Therapy Seaweed Bath For You*

*All For **€175.00 Per Person Sharing***

*(single Accommodation Supplement Applies)*

[info@thestrاندkilkee.com](mailto:info@thestrاندkilkee.com)