

## Appetisers

- Soup Of The Day** €4.50
- Chefs Homemade Fresh Atlantic Chowder** €5.95
- Pan Grilled Bruschetta With Basil, Vine Cherry Tomatoes And Melted Mozzarella Cheese** €7.50
- Served On Seasonal Salad Leaves And Dressed With A Fresh Homemade Pesto
- Stir Fried Garlic & Chilli Tiger Prawns** €8.95
- Served On Slices Of Crunchy Warm Ciabatta
- Carrigaholt Crabs Claws** €10.95
- Gently Sautéed In Garlic And Chilli Butter Cream Sauce
- Strand House Salad** €6.95
- With A Selection Of Fresh Mixed Leaves, Grated Carrot, Pickled Cucumber, Red Onion, Toasted Pine Nuts, Roasted Red Peppers And Dressed With Our Own Strand House Dressing.
- Chicken & Crispy Bacon Version** €9.50

### Pasta

- Linguine al Pesto Rosso** €12.95
- This Pasta Dish Is a Fantastic Combination of Italian Flavours With Freshly Cooked Linguine Accompanied With a blend Of blitzed basil, sundried tomatoes, pine kernels and extra virgin olive oil With Some Gentle Seasoning.

### Vegetarian

- Strand Veggie Special** €12.50
- Gratin Of Roasted Mixed Peppers, Red Onion, Basil, Spinach And Topped With Feta Cheese And Baked In The Oven. Accompanied With A Light Fresh Salad

## Main Courses

### Meat

- Pan Fried Breaded Breast Of Parmesan Chicken**
- Breast Of Organic Chicken Breaded With Parmesan Crumbs, Golden Fried And Served With A Lemon And Ginger Sauce €15.25
- Strand Homemade 8oz Angus Beef Burger** €13.95
- Prime Irish Minced Beef With Added 20% Irish Pork For That Added Flavour Stuffed With Monterey Jack Cheese (*or not!!*) Served On A Toasted Floury Bap With a Roasted Cherry Tomato And Red Onion Salad.  
.Bacon 50c / Cheese 50c Topping
- 10oz Rib Eye Irish Beef Steak or Sirloin** €21.50
- Cooked To Your Liking And Served Garlic Mushrooms, Balsamic Onion Jam And Our Own Home Made Creamy Whiskey Pepper Corn Sauce Or The Old Favourite Garlic Butter With Home Made Chips

*Well Done Steaks May Take Up  
To 20 Minutes To Cook*

## Fish

**Oven Baked Parcels Of Donegal Silver Salmon** €14.95

*Darn Of Salmon Wrapped In Parchment Paper With Fresh Herbs, White Wine And A Wedge Of Lemon V&P/S&F*

**Traditional Fish And Chips** €14.95

*Served With Our Own Home Made Tartar Sauce And Mushy Mint Pea Puree*

**Freshly Breaded And Golden Fried Scampi** €15.50

*Served With A Lemon/Lime And Tarragon Mayonnaise, Fresh Salad & Chips*

## SIDE ORDERS

**Homemade Chips** €2.95

**Gratinated Potatoes** (when available) €3.00

*Sliced potatoes baked gently in garlic cream with a hint of nutmeg and topped with cheddar cheese*

**Sautéed Onions Or Mushrooms** €2.50

**Side Salad** €2.95

**Selection Of Vegetables** €2.95

*Please Ask Your Server About Our Catch Of The Day*

## Children's Menu

**Freshly Made Chicken Gougons & Chips** €6.50

**Sausages & Chips** €5.95

**Spaghetti Bolognese & Garlic Bread** €6.95

**Pasta & Garlic Bread** €4.95

**Kids Ice Cream** €3.00

## Homemade Desserts

**Homemade Crunchy Crumble of The Day**

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**Chocolate Cola Cake With A Sinful Chocolate Sauce And**

**Homemade Vanilla Ice Cream**

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**Homemade Meringue Nest With Lemon Curd**

**Cream And Seasonal Fruit**

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**Selection Of Homemade Ice Creams**

**€5.95**

## COFFEES

**Italian Espresso** €2.30

*A Short Intensely Flavoured Coffee To Kick Start Your Day*

**Cappuccino** €2.60

*A Chance For Your Favourite Barista To Show Off !!*

**Espresso Lungo** €2.30

*Linger Over A Longer Lighter Espresso*

**Caffe` Mocha** €3.60

*French Chocolate Conspires With Italian Coffee To Seduce Your Palate*

**Viennese Cappuccino** €3.60

*We Take The Decadence Of Caffe Mocha And Cap It With Fresh Whipped Cream*

**Caffe` Latte** €2.60

*An Italian Irish Marriage Made In Heaven ..... But Will It Last*

**Après Ski** €3.60

*A Hot Alpine Chocolate Laced With A Subtle Hint Of Hazelnut*

## ONE FOR THE ROAD

**Glenfiddich Special Reserve Single Malt Scotch Whiskey** €6.00

**Midleton Very Rare Irish Whiskey** €12.00

**Jameson 1780 12 Year Old Irish Whiskey** €5.50

**Remy Martin V.S.O.P Fine Champagne Cognac** €6.50

**Chivas Regal 18 Year Old Scotch Whiskey** €7.50

**Bushmills 10 Year Old Single Malt Whiskey** €5.50